

# Bike Bus Basics

## What is a Bike Bus?

Students can ride or roll with or without their parents to the school to learn safe routes in their neighborhood. Use your school's [School Route Planner map](#) to identify the closest sign, or "stop" near you. Meet up with other riders along your route as you follow the newly installed School Route signs to your school!

## Caregiver Roles

- Caregivers are encouraged to use the unique Schoolpool link for their student's school to find other students interested in biking to school.
- For additional safety on the ride, caregivers are also encouraged to ride along at the front and in the rear.

## Student Roles

- Have fun! This is about celebrating the joy of riding a bike and creating community with fellow students.
- Follow all the rules of the road and practice safe biking habits.

## Safety Tips for Biking

### Be Predicable

Obey all stop signs, traffic signals, and guidance from crossing guards. Use hand signals to tell other road users where you're going.

### Wear Your Helmet

Make sure that it fits properly: snug and level on your head, just above your eyebrows.

### Be Alert

Watch out for people driving turning left or right, or coming out of driveways. Don't wear headphones or use a cell phone while biking.

### Follow the Rules

Ride in the same direction as other vehicles. Bicyclists and drivers follow the same rules of the road.

## ABC Quick Check

Performing an ABC Quick Check only takes a few minutes and can identify any issues that might affect your ride!

### A: AIR

Pinch the tires. They should be hard.

### B: BRAKES

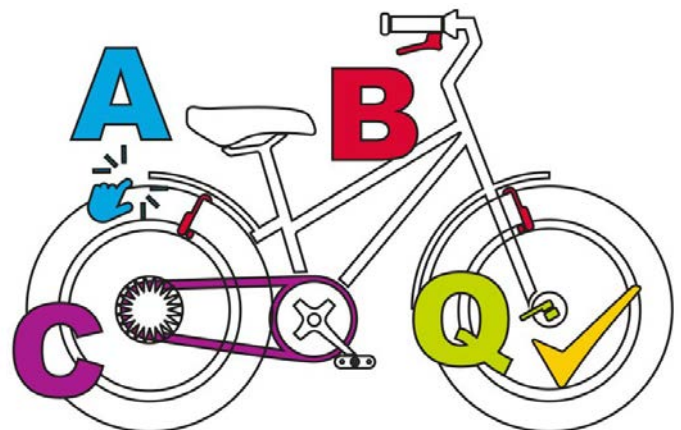
Test to make sure they work and do not rub the tire.

### C: CHAIN

Make sure the chain is clean and running smooth when you pedal.

### Q: QUICK CHECK

Check "quick release levers" and other bolts to make sure they are tight.





# WALK & ROLL

TO SCHOOL DAY

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